

#	Date	Location	Home	Visitor
1	Fri, Sep. 20, 2019 7:00 PM	Nicholas Sheran Leisure Center	Lethbridge Hurricanes (5)	Foothills Bisons (1)
2	Fri, Sep. 20, 2019 7:30 PM	Strathmore Family Centre	Wheatland Warriors (8)	Golden Suns (2)
3	Sat, Sep. 21, 2019 2:30 PM	Cranbrook Memorial Arena	Cranbrook Hornets (1)	Okotoks Oilers (0)
4	Sat, Sep. 21, 2019 5:30 PM	Tom Hornecker Recreation Centre	Foothills Bisons (6)	Airdrie Lightning (8)
5	Sat, Sep. 21, 2019 8:30 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (3)	Red Deer Steel Kings (4)
6	Sun, Sep. 22, 2019 11:30 AM	Cranbrook Memorial Arena	Cranbrook Hornets (4)	Okotoks Oilers (7)
9	Sun, Sep. 22, 2019 1:00 PM	Hockey Hounds Recreation Centre	Medicine Hat Hounds (3)	Golden Suns (1)
7	Sun, Sep. 22, 2019 4:00 PM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (2)	Bow Valley Timberwolves (2)
8	Sun, Sep. 22, 2019 4:15 PM	Nexsource Centre Sylvan Lake	West Central Tigers (2)	Olds Grizzlys (2)
10	Fri, Sep. 27, 2019 7:00 PM	Cavendish Farm Centre - West	Lethbridge Hurricanes (6)	Red Deer Steel Kings (4)
11	Sat, Sep. 28, 2019 12:00 PM	Cranbrook Memorial Arena	Cranbrook Hornets (0)	Red Deer Steel Kings (2)
12	Sat, Sep. 28, 2019 1:30 PM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (7)	Okotoks Oilers (5)

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13	Sat, Sep. 28, 2019 5:45 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (0)	Wheatland Warriors (3)
14	Sat, Sep. 28, 2019 6:00 PM	Cochrane Arena	Bow Valley Timberwolves (6)	Olds Grizzlys (11)
15	Sat, Sep. 28, 2019 6:15 PM	Kinplex I	Medicine Hat Hounds (3)	Golden Suns (3)
16	Sun, Sep. 29, 2019 3:15 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (4)	Wheatland Warriors (4)
18	Fri, Oct. 04, 2019 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (0)	West Central Tigers (2)
20	Sat, Oct. 05, 2019 1:30 PM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (4)	Red Deer Steel Kings (5)
19	Sat, Oct. 05, 2019 1:45 PM	Cranbrook Memorial Arena	Cranbrook Hornets (2)	Central Alberta Selects (3)
21	Sat, Oct. 05, 2019 4:45 PM	Strathmore Family Centre	Wheatland Warriors (6)	Medicine Hat Hounds (3)
23	Sat, Oct. 05, 2019 5:15 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (4)	Golden Suns (2)
22	Sat, Oct. 05, 2019 5:30 PM	Tom Hornecker Recreation Centre	Foothills Bisons (3)	Lethbridge Hurricanes (5)
28	Sun, Oct. 06, 2019 11:45 AM	Hockey Hounds Recreation Centre	Medicine Hat Hounds (3)	Wheatland Warriors (7)
24	Sun, Oct. 06, 2019 12:00 PM	Nicholas Sheran Leisure Center	Lethbridge Hurricanes (4)	Central Alberta Selects (5)

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25	Sun, Oct. 06, 2019 1:00 PM	Taber Community Centre - Large	Golden Suns (4)	Airdrie Lightning (4)
27	Sun, Oct. 06, 2019 2:15 PM	Rocky Arena Complex - Bunch Arena	West Central Tigers (5)	Okotoks Oilers (2)
26	Sun, Oct. 06, 2019 7:00 PM	Spray Lake Sawmills Family Sports Centre - Totem 1	Bow Valley Timberwolves (6)	Foothills Bisons (4)
29	Fri, Oct. 11, 2019 6:30 PM	Cranbrook Memorial Arena	Cranbrook Hornets (4)	Golden Suns (2)
30	Fri, Oct. 11, 2019 8:30 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (7)	Lethbridge Hurricanes (1)
33	Sat, Oct. 12, 2019 12:00 PM	Cranbrook Memorial Arena	Cranbrook Hornets (4)	Golden Suns (1)
32	Sat, Oct. 12, 2019 5:15 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (4)	Medicine Hat Hounds (2)
35	Sat, Oct. 12, 2019 5:30 PM	Tom Hornecker Recreation Centre	Foothills Bisons (3)	Wheatland Warriors (2)
34	Sat, Oct. 12, 2019 5:30 PM	Rocky Arena Complex - Bunch Arena	West Central Tigers (3)	Lethbridge Hurricanes (1)
36	Sun, Oct. 13, 2019 1:30 PM	TBA	Red Deer Steel Kings (4)	Lethbridge Hurricanes (2)
147	Sun, Oct. 13, 2019 2:00 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (2)	West Central Tigers (4)
38	Sun, Oct. 13, 2019 3:45 PM	Big Marbel Go Center	Medicine Hat Hounds (4)	Foothills Bisons (4)

#	Date	Location	Home	Visitor
39	Sun, Oct. 13, 2019 4:15 PM	Strathmore Family Centre	Wheatland Warriors (4)	Okotoks Oilers (3)
42	Fri, Oct. 18, 2019 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (1)	Airdrie Lightning (4)
44	Fri, Oct. 18, 2019 7:30 PM	Strathmore Family Centre	Wheatland Warriors (2)	Okotoks Oilers (3)
41	Fri, Oct. 18, 2019 8:30 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (3)	Cranbrook Hornets (3)
43	Fri, Oct. 18, 2019 8:30 PM	Taber Community Centre - Large	Golden Suns (5)	Foothills Bisons (2)
45	Sat, Oct. 19, 2019 4:45 PM	Bentley Arena	West Central Tigers (2)	Cranbrook Hornets (3)
46	Sat, Oct. 19, 2019 4:45 PM	Kinplex I	Medicine Hat Hounds (1)	Olds Grizzlys (4)
48	Sat, Oct. 19, 2019 6:30 PM	Green Arena - Pason Centennial Arena	Okotoks Oilers (2)	Lethbridge Hurricanes (2)
47	Sat, Oct. 19, 2019 7:45 PM	Spray Lake Sawmills Family Sports Centre - Totem 1	Bow Valley Timberwolves (2)	Red Deer Steel Kings (4)
51	Sun, Oct. 20, 2019 12:00 PM	Nexsource Centre Sylvan Lake	West Central Tigers (2)	Central Alberta Selects (0)
50	Sun, Oct. 20, 2019 1:00 PM	Taber Community Centre - Large	Golden Suns (3)	Olds Grizzlys (5)
49	Sun, Oct. 20, 2019 1:30 PM	TBA	Red Deer Steel Kings (3)	Cranbrook Hornets (3)

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52	Sun, Oct. 20, 2019 3:30 PM	Blackie Arena	Foothills Bisons (4)	Medicine Hat Hounds (2)
40	Sun, Oct. 20, 2019 4:15 PM	Ron Ebbesen Twin Arena - Murray Buchanan	Airdrie Lightning (4)	Bow Valley Timberwolves (1)
53	Fri, Oct. 25, 2019 7:00 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (4)	Okotoks Oilers (4)
163	Fri, Oct. 25, 2019 7:30 PM	Western Financial Place	Wheatland Warriors (6)	Cranbrook Hornets (1)
55	Sat, Oct. 26, 2019 11:00 AM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (4)	Golden Suns (4)
57	Sat, Oct. 26, 2019 2:00 PM	Servus Arena	Red Deer Steel Kings (3)	Olds Grizzlys (4)
58	Sat, Oct. 26, 2019 4:45 PM	Kinplex I	Medicine Hat Hounds (1)	Okotoks Oilers (3)
56	Sat, Oct. 26, 2019 5:45 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (3)	Foothills Bisons (4)
54	Sat, Oct. 26, 2019 6:30 PM	Western Financial Place	Cranbrook Hornets (2)	Wheatland Warriors (7)
61	Sun, Oct. 27, 2019 1:30 PM	TBA	Red Deer Steel Kings (5)	Airdrie Lightning (3)
60	Sun, Oct. 27, 2019 2:30 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (7)	Foothills Bisons (1)
59	Sun, Oct. 27, 2019 3:45 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (2)	Wheatland Warriors (5)

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68	Sun, Oct. 27, 2019 4:00 PM	Big Valley Agriplex	Central Alberta Selects (6)	Bow Valley Timberwolves (3)
62	Fri, Nov. 01, 2019 7:45 PM	Spray Lake Sawmills Family Sports Centre - Totem 1	Bow Valley Timberwolves (3)	Airdrie Lightning (1)
97	Fri, Nov. 01, 2019 8:30 PM	Taber Community Centre - Large	Golden Suns (0)	Lethbridge Hurricanes (4)
64	Sat, Nov. 02, 2019 11:00 AM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (4)	Olds Grizzlys (6)
65	Sat, Nov. 02, 2019 4:45 PM	Strathmore Family Centre	Wheatland Warriors (3)	Lethbridge Hurricanes (1)
67	Sat, Nov. 02, 2019 4:45 PM	Kinplex I	Medicine Hat Hounds (3)	Okotoks Oilers (2)
66	Sat, Nov. 02, 2019 5:45 PM	Blackie Arena	Foothills Bisons (1)	Golden Suns (4)
71	Sun, Nov. 03, 2019 12:00 PM	Western Financial Place	Cranbrook Hornets (3)	Foothills Bisons (2)
70	Sun, Nov. 03, 2019 1:00 PM	Taber Community Centre - Large	Golden Suns (5)	Medicine Hat Hounds (5)
69	Sun, Nov. 03, 2019 4:00 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (7)	Wheatland Warriors (2)
73	Fri, Nov. 08, 2019 7:15 PM	Kinplex I	Medicine Hat Hounds (2)	Lethbridge Hurricanes (2)
72	Fri, Nov. 08, 2019 7:30 PM	Strathmore Family Centre	Wheatland Warriors (4)	Central Alberta Selects (4)

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74	Fri, Nov. 08, 2019 7:45 PM	Spray Lake Sawmills Family Sports Centre - Totem 1	Bow Valley Timberwolves (2)	Olds Grizzlys (8)
175	Fri, Nov. 08, 2019 8:30 PM	Taber Community Centre - Large	Golden Suns (5)	Foothills Bisons (4)
75	Sat, Nov. 09, 2019 1:30 PM	Cranbrook Memorial Arena	Cranbrook Hornets (3)	Airdrie Lightning (4)
78	Sat, Nov. 09, 2019 2:00 PM	Servus Arena	Red Deer Steel Kings (1)	Okotoks Oilers (2)
76	Sat, Nov. 09, 2019 4:45 PM	Kinplex I	Medicine Hat Hounds (2)	Central Alberta Selects (4)
77	Sat, Nov. 09, 2019 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (3)	Golden Suns (2)
81	Sun, Nov. 10, 2019 11:30 AM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (4)	Okotoks Oilers (1)
82	Sun, Nov. 10, 2019 1:30 PM	TBA	Red Deer Steel Kings (1)	West Central Tigers (6)
79	Sun, Nov. 10, 2019 2:45 PM	Nicholas Sheran Leisure Center	Lethbridge Hurricanes (3)	Airdrie Lightning (3)
80	Sun, Nov. 10, 2019 3:30 PM	Blackie Arena	Foothills Bisons (1)	Central Alberta Selects (1)
83	Sat, Nov. 16, 2019 3:45 PM	Cranbrook Memorial Arena	Cranbrook Hornets (0)	West Central Tigers (1)
17	Sat, Nov. 16, 2019 4:15 PM	Nicholas Sheran Leisure Center	Lethbridge Hurricanes (3)	Okotoks Oilers (7)

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218	Sat, Nov. 16, 2019 4:15 PM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (1)	Olds Grizzlys (6)
84	Sat, Nov. 16, 2019 5:30 PM	Taber Community Centre - Large	Golden Suns (2)	Red Deer Steel Kings (5)
99	Sun, Nov. 17, 2019 12:45 PM	Blackie Arena	Foothills Bisons (2)	Okotoks Oilers (5)
87	Sun, Nov. 17, 2019 3:15 PM	Hockey Hounds Recreation Centre	Medicine Hat Hounds (8)	Red Deer Steel Kings (5)
86	Sun, Nov. 17, 2019 3:45 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (3)	West Central Tigers (3)
88	Sun, Nov. 17, 2019 5:00 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (5)	Airdrie Lightning (2)
89	Fri, Nov. 22, 2019 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (3)	West Central Tigers (4)
37	Sat, Nov. 23, 2019 10:15 AM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (2)	Central Alberta Selects (1)
91	Sat, Nov. 23, 2019 5:30 PM	Tom Hornecker Recreation Centre	Foothills Bisons (3)	Red Deer Steel Kings (11)
92	Sat, Nov. 23, 2019 7:30 PM	Hussar Arena	Wheatland Warriors (8)	Lethbridge Hurricanes (2)
96	Sun, Nov. 24, 2019 1:30 PM	TBA	Red Deer Steel Kings (5)	Central Alberta Selects (3)
93	Sun, Nov. 24, 2019 2:45 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (6)	Bow Valley Timberwolves (0)

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95	Sun, Nov. 24, 2019 3:15 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (8)	Foothills Bisons (3)
98	Fri, Nov. 29, 2019 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (2)	Central Alberta Selects (3)
103	Sat, Nov. 30, 2019 11:00 AM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (2)	Central Alberta Selects (6)
100	Sat, Nov. 30, 2019 3:30 PM	Cranbrook Memorial Arena	Cranbrook Hornets (2)	Medicine Hat Hounds (3)
102	Sat, Nov. 30, 2019 4:45 PM	Strathmore Family Centre	Wheatland Warriors (2)	Olds Grizzlys (1)
101	Sat, Nov. 30, 2019 5:30 PM	Taber Community Centre - Large	Golden Suns (3)	West Central Tigers (5)
107	Sun, Dec. 01, 2019 1:00 PM	Taber Community Centre - Large	Golden Suns (1)	Wheatland Warriors (6)
104	Sun, Dec. 01, 2019 1:30 PM	Cranbrook Memorial Arena	Cranbrook Hornets (0)	Medicine Hat Hounds (6)
105	Sun, Dec. 01, 2019 3:30 PM	Blackie Arena	Foothills Bisons (0)	West Central Tigers (9)
106	Sun, Dec. 01, 2019 5:00 PM	Cochrane Arena	Bow Valley Timberwolves (3)	Central Alberta Selects (2)
109	Fri, Dec. 06, 2019 7:30 PM	Hussar Arena	Wheatland Warriors (3)	Foothills Bisons (3)
110	Fri, Dec. 06, 2019 7:45 PM	Nexsource Centre Sylvan Lake	West Central Tigers (5)	Airdrie Lightning (3)

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108	Fri, Dec. 06, 2019 8:30 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (1)	Olds Grizzlys (4)
111	Sat, Dec. 07, 2019 1:00 PM	Cranbrook Memorial Arena	Cranbrook Hornets (2)	Lethbridge Hurricanes (5)
115	Sat, Dec. 07, 2019 4:45 PM	Hockey Hounds Recreation Centre	Medicine Hat Hounds (4)	Foothills Bisons (3)
112	Sat, Dec. 07, 2019 4:45 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (6)	Golden Suns (1)
113	Sat, Dec. 07, 2019 5:15 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (2)	West Central Tigers (1)
114	Sat, Dec. 07, 2019 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (4)	Red Deer Steel Kings (7)
116	Sun, Dec. 08, 2019 10:00 AM	Cranbrook Memorial Arena	Cranbrook Hornets (4)	Lethbridge Hurricanes (4)
117	Sun, Dec. 08, 2019 12:30 PM	Big Valley Agriplex	Central Alberta Selects (7)	Golden Suns (2)
119	Sun, Dec. 08, 2019 1:30 PM	Strathmore Family Centre	Wheatland Warriors (5)	Medicine Hat Hounds (2)
118	Sun, Dec. 08, 2019 1:30 PM	TBA	Red Deer Steel Kings (5)	Bow Valley Timberwolves (1)
120	Sun, Dec. 08, 2019 3:30 PM	Blackie Arena	Foothills Bisons (4)	Okotoks Oilers (1)
31	Sun, Dec. 08, 2019 5:00 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (6)	Airdrie Lightning (1)

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121	Fri, Dec. 13, 2019 6:30 PM	Blackie Arena	Foothills Bisons (4)	Cranbrook Hornets (5)
122	Fri, Dec. 13, 2019 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (2)	Okotoks Oilers (2)
126	Sat, Dec. 14, 2019 11:00 AM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (2)	Wheatland Warriors (5)
85	Sat, Dec. 14, 2019 3:30 PM	Green Arena - Pason Centennial Arena	Okotoks Oilers (2)	Olds Grizzlys (5)
125	Sat, Dec. 14, 2019 4:45 PM	Hockey Hounds Recreation Centre	Medicine Hat Hounds (2)	Bow Valley Timberwolves (5)
124	Sat, Dec. 14, 2019 5:30 PM	Taber Community Centre - Large	Golden Suns (3)	Central Alberta Selects (5)
127	Sat, Dec. 14, 2019 5:30 PM	Rocky Arena Complex - Bunch Arena	West Central Tigers (5)	Red Deer Steel Kings (4)
123	Sat, Dec. 14, 2019 7:15 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (3)	Cranbrook Hornets (1)
128	Sun, Dec. 15, 2019 1:00 PM	Taber Community Centre - Large	Golden Suns (5)	Cranbrook Hornets (1)
130	Sun, Dec. 15, 2019 1:30 PM	TBA	Red Deer Steel Kings (5)	Airdrie Lightning (0)
131	Sun, Dec. 15, 2019 2:30 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (1)	West Central Tigers (4)
140	Sun, Dec. 15, 2019 3:00 PM	Bob Snodgrass Recreation Centre - Main	Foothills Bisons (6)	Bow Valley Timberwolves (4)

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129	Sun, Dec. 15, 2019 4:00 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (5)	Central Alberta Selects (2)
94	Fri, Dec. 20, 2019 8:00 PM	Genesis Place Rink - Shane Homes	Airdrie Lightning (2)	West Central Tigers (2)
133	Sat, Dec. 21, 2019 12:45 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (5)	Lethbridge Hurricanes (3)
135	Sat, Dec. 21, 2019 2:45 PM	Nexsource Centre Sylvan Lake	West Central Tigers (6)	Golden Suns (3)
132	Sat, Dec. 21, 2019 3:00 PM	Hussar Arena	Wheatland Warriors (3)	Red Deer Steel Kings (5)
134	Sat, Dec. 21, 2019 5:45 PM	Blackie Arena	Foothills Bisons (6)	Medicine Hat Hounds (6)
136	Sun, Dec. 22, 2019 12:30 PM	Genesis Place Rink - Shane Homes	Airdrie Lightning (5)	Lethbridge Hurricanes (2)
137	Sun, Dec. 22, 2019 4:00 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (5)	Bow Valley Timberwolves (2)
138	Sun, Dec. 22, 2019 4:30 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (3)	Red Deer Steel Kings (2)
139	Sat, Jan. 04, 2020 4:45 PM	Kinplex I	Medicine Hat Hounds (3)	Cranbrook Hornets (1)
143	Sat, Jan. 04, 2020 5:15 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (1)	Lethbridge Hurricanes (3)
142	Sat, Jan. 04, 2020 7:30 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (2)	Red Deer Steel Kings (2)

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141	Sat, Jan. 04, 2020 7:45 PM	Nexsource Centre Sylvan Lake	West Central Tigers (2)	Wheatland Warriors (0)
144	Sun, Jan. 05, 2020 9:30 AM	Kinplex I	Medicine Hat Hounds (6)	Cranbrook Hornets (1)
193	Sun, Jan. 05, 2020 1:15 PM	Tom Hornecker Recreation Centre	Foothills Bisons (2)	Lethbridge Hurricanes (3)
146	Sun, Jan. 05, 2020 4:15 PM	Kinsmen Twin Arenas A (Red Deer)	Red Deer Steel Kings (2)	Wheatland Warriors (2)
63	Sun, Jan. 05, 2020 5:00 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (4)	West Central Tigers (2)
148	Fri, Jan. 10, 2020 7:30 PM	Strathmore Family Centre	Wheatland Warriors (6)	Cranbrook Hornets (0)
149	Fri, Jan. 10, 2020 7:45 PM	Spray Lake Sawmills Family Sports Centre - Totem 1	Bow Valley Timberwolves (3)	Lethbridge Hurricanes (1)
150	Fri, Jan. 10, 2020 8:30 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (2)	West Central Tigers (4)
220	Fri, Jan. 10, 2020 8:30 PM	Taber Community Centre - Large	Golden Suns (4)	Medicine Hat Hounds (3)
153	Sat, Jan. 11, 2020 2:00 PM	Servus Arena	Red Deer Steel Kings (6)	Foothills Bisons (1)
151	Sat, Jan. 11, 2020 2:00 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (5)	Cranbrook Hornets (1)
152	Sat, Jan. 11, 2020 3:30 PM	Green Arena - Pason Centennial Arena	Okotoks Oilers (10)	Airdrie Lightning (3)

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155	Sun, Jan. 12, 2020 12:30 PM	Genesis Place Rink - Shane Homes	Airdrie Lightning (4)	Foothills Bisons (1)
157	Sun, Jan. 12, 2020 1:15 PM	Servus Arena	Red Deer Steel Kings (4)	Central Alberta Selects (2)
154	Sun, Jan. 12, 2020 2:45 PM	Nicholas Sheran Leisure Center	Lethbridge Hurricanes (3)	Cranbrook Hornets (1)
156	Sun, Jan. 12, 2020 3:15 PM	Spruceview	West Central Tigers (4)	Bow Valley Timberwolves (1)
219	Sun, Jan. 12, 2020 4:00 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (3)	Wheatland Warriors (0)
158	Fri, Jan. 17, 2020 7:00 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (5)	Medicine Hat Hounds (3)
160	Sat, Jan. 18, 2020 11:00 AM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (2)	Red Deer Steel Kings (4)
159	Sat, Jan. 18, 2020 1:15 PM	Gold Arena - Pason Centennial Arena	Okotoks Oilers (2)	Cranbrook Hornets (5)
161	Sat, Jan. 18, 2020 5:15 PM	Nexsource Centre Sylvan Lake	West Central Tigers (4)	Medicine Hat Hounds (2)
145	Sat, Jan. 18, 2020 5:30 PM	Taber Community Centre - Large	Golden Suns (4)	Bow Valley Timberwolves (5)
189	Sun, Jan. 19, 2020 1:00 PM	Taber Community Centre - Large	Golden Suns (0)	Lethbridge Hurricanes (2)
165	Sun, Jan. 19, 2020 1:30 PM	TBA	Red Deer Steel Kings (5)	Medicine Hat Hounds (3)

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164	Sun, Jan. 19, 2020 4:15 PM	Green Arena - Pason Centennial Arena	Okotoks Oilers (4)	Bow Valley Timberwolves (2)
217	Sun, Jan. 19, 2020 4:15 PM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (3)	West Central Tigers (2)
166	Fri, Jan. 24, 2020 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (6)	Cranbrook Hornets (0)
167	Fri, Jan. 24, 2020 7:00 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (4)	Medicine Hat Hounds (5)
168	Sat, Jan. 25, 2020 11:00 AM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (7)	Cranbrook Hornets (1)
170	Sat, Jan. 25, 2020 5:15 PM	Nexsource Centre Sylvan Lake	West Central Tigers (8)	Central Alberta Selects (2)
171	Sat, Jan. 25, 2020 5:30 PM	Tom Hornecker Recreation Centre	Foothills Bisons (3)	Golden Suns (4)
169	Sat, Jan. 25, 2020 7:30 PM	Spray Lake Sawmills Family Sports Centre - Totem 1	Bow Valley Timberwolves (2)	Medicine Hat Hounds (1)
174	Sun, Jan. 26, 2020 1:30 PM	TBA	Red Deer Steel Kings (0)	West Central Tigers (0)
173	Sun, Jan. 26, 2020 2:00 PM	Delburne Agriplex	Central Alberta Selects (1)	Olds Grizzlys (4)
172	Sun, Jan. 26, 2020 4:15 PM	Strathmore Family Centre	Wheatland Warriors (7)	Airdrie Lightning (2)
90	Sun, Jan. 26, 2020 4:15 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (3)	Golden Suns (3)

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176	Fri, Jan. 31, 2020 7:00 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (4)	Wheatland Warriors (6)
181	Sat, Feb. 01, 2020 2:15 PM	Collicutt Centre Arena	Red Deer Steel Kings (5)	Golden Suns (5)
180	Sat, Feb. 01, 2020 3:00 PM	Vern Poffenroth Memorial Arena	West Central Tigers (3)	Olds Grizzlys (1)
179	Sat, Feb. 01, 2020 3:15 PM	Tom Hornecker Recreation Centre	Foothills Bisons (5)	Wheatland Warriors (8)
178	Sat, Feb. 01, 2020 3:30 PM	Ponoka Culture & Recreation Complex	Central Alberta Selects (6)	Medicine Hat Hounds (3)
177	Sat, Feb. 01, 2020 5:15 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (11)	Cranbrook Hornets (5)
183	Sun, Feb. 02, 2020 10:45 AM	Pete Knight Arena	Airdrie Lightning (1)	Medicine Hat Hounds (1)
182	Sun, Feb. 02, 2020 12:15 PM	Vauxhall Recreation Centre	Golden Suns (2)	Cranbrook Hornets (2)
184	Sun, Feb. 02, 2020 3:30 PM	Rocky Arena Complex - Bunch Arena	West Central Tigers (4)	Bow Valley Timberwolves (1)
186	Sun, Feb. 02, 2020 4:00 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (5)	Foothills Bisons (4)
185	Sun, Feb. 02, 2020 4:45 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (9)	Central Alberta Selects (5)
187	Sat, Feb. 08, 2020 3:45 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (8)	Medicine Hat Hounds (0)

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188	Sat, Feb. 08, 2020 4:30 PM	Eckville Arena	West Central Tigers (3)	Foothills Bisons (0)
190	Sat, Feb. 08, 2020 7:00 PM	Cochrane Arena	Bow Valley Timberwolves (1)	Wheatland Warriors (7)
195	Sun, Feb. 09, 2020 1:00 PM	Taber Community Centre - Large	Golden Suns (3)	Okotoks Oilers (5)
191	Sun, Feb. 09, 2020 1:30 PM	Strathmore Family Centre	Wheatland Warriors (3)	Bow Valley Timberwolves (3)
194	Sun, Feb. 09, 2020 3:15 PM	Rocky Arena Complex - Bunch Arena	West Central Tigers (4)	Red Deer Steel Kings (3)
192	Sun, Feb. 09, 2020 4:30 PM	Gary Moe Group Sportsplex - Echo Energy Arena #1	Central Alberta Selects (4)	Airdrie Lightning (2)
199	Sat, Feb. 15, 2020 3:00 PM	Vern Poffenroth Memorial Arena	West Central Tigers (3)	Airdrie Lightning (3)
196	Sat, Feb. 15, 2020 4:45 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (0)	Olds Grizzlys (1)
198	Sat, Feb. 15, 2020 5:15 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (2)	Red Deer Steel Kings (3)
162	Sat, Feb. 15, 2020 5:30 PM	Taber Community Centre - Large	Golden Suns (2)	Wheatland Warriors (8)
200	Sat, Feb. 15, 2020 5:45 PM	Ponoka Culture & Recreation Complex	Central Alberta Selects (5)	Bow Valley Timberwolves (3)
197	Sat, Feb. 15, 2020 6:30 PM	Western Financial Place	Cranbrook Hornets (5)	Foothills Bisons (1)

#	Date	Location	Home	Visitor
202	Sun, Feb. 16, 2020 1:00 PM	Big Valley Agriplex	Central Alberta Selects (1)	Airdrie Lightning (4)
203	Sun, Feb. 16, 2020 1:30 PM	TBA	Red Deer Steel Kings (8)	Bow Valley Timberwolves (3)
201	Sun, Feb. 16, 2020 2:00 PM	Cranbrook Memorial Arena	Cranbrook Hornets (2)	Olds Grizzlys (5)
205	Sun, Feb. 16, 2020 2:15 PM	Big Marbel Go Center	Medicine Hat Hounds (1)	Wheatland Warriors (8)
204	Sun, Feb. 16, 2020 3:45 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (4)	Golden Suns (6)
207	Fri, Feb. 21, 2020 7:30 PM	Strathmore Family Centre	Wheatland Warriors (6)	Foothills Bisons (2)
206	Fri, Feb. 21, 2020 7:30 PM	Olds & District Sports Complex (Main Rink)	Olds Grizzlys (3)	Red Deer Steel Kings (4)
210	Sat, Feb. 22, 2020 11:00 AM	Ron Ebbesen Twin Arena Blue	Airdrie Lightning (5)	Central Alberta Selects (6)
208	Sat, Feb. 22, 2020 3:15 PM	Cranbrook Memorial Arena	Cranbrook Hornets (2)	Bow Valley Timberwolves (5)
209	Sat, Feb. 22, 2020 4:45 PM	Hockey Hounds Recreation Centre	Medicine Hat Hounds (0)	West Central Tigers (6)
221	Sat, Feb. 22, 2020 5:30 PM	Tom Hornecker Recreation Centre	Foothills Bisons (3)	Olds Grizzlys (8)
211	Sat, Feb. 22, 2020 8:00 PM	Okotoks Recreation Centre - Murray Arena	Okotoks Oilers (3)	Golden Suns (4)

#	Date	Location	Home	Visitor
216	Sun, Feb. 23, 2020 1:30 PM	TBA	Red Deer Steel Kings (1)	Olds Grizzlys (2)
214	Sun, Feb. 23, 2020 1:30 PM	Strathmore Family Centre	Wheatland Warriors (2)	West Central Tigers (4)
215	Sun, Feb. 23, 2020 2:00 PM	Delburne Agriplex	Central Alberta Selects (1)	Okotoks Oilers (2)
213	Sun, Feb. 23, 2020 2:30 PM	Hockey Hounds Recreation Centre	Medicine Hat Hounds (0)	Airdrie Lightning (3)
212	Sun, Feb. 23, 2020 3:45 PM	Henderson Ice Centre (Big Ice)	Lethbridge Hurricanes (3)	Bow Valley Timberwolves (6)